### **CASE REPORT**

# SKIMMED BREAST MILK IN THE MANAGEMENT OF IDIOPATHIC CONGENITAL CHYLOTHORAX

\*Sunil Joghee \*\*Suja Mariam \*\*\*Siddartha Buddhavarapu

Abstract: Conservative management of congenital chylothorax involves intercostal drainage, low fat infant formula and somatostatin infusions. Availability and cost of low fat infant formulas is a limiting factor in developing countries. A preterm male diagnosed antenatally with nonimmune hydrops fetalis was postnatally diagnosed to have congenital chylothorax. He was given fat free breastmilk prepared by removal of fat layer after centrifugation, and fortifying with simyl MCT oil. There was good response to fat free breast milk with resolution of chylothorax. Breast milk can be centrifuged with locally available equipments and can be a good alternative to low fat infant formulas in congenital chylothorax.

**Keywords:** *Chylothorax, Non-immune hydrops, Skimmed milk, Breastfeeding.* 

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\*\* Consultant,

\*\*\* Head,

Division of Neonatology, Sri Ramakrishna hospital, Coimbatore email: drsiddartha@gmail.com

<sup>\*</sup> Registrar,

## **CASE REPORT**

# FAILURE TO THRIVE IN A YOUNG CHILD - A RARE CAUSE

\*Sumathi B \*\*Nirmala D \*\*\*Sunil Kumar KS

**Abstract:** Failure to thrive in children has heterogenous causes and needs extensive evaluation based on clinical symptoms and signs. We report a rare cause of failure to thrive in a young child due to abetalipoproteinemia.

**Keywords**: *Fatty liver, Abetalipoproteinemia, Small intestinal biopsy, Children.* 

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- \* Associate Professor of Medical Gastroenterology, Stanley Medical College, Chennai
- \*\* Professor & Head, Department of Pediatric Gastroenterology, Institute of Child Health & Hospital for Children, Chennai.
- \*\*\* Senior consultant Pathologist, Apollo Hospitals Pvt. Ltd., Chennai. email: drbsumathi@rediffmail.com